

The Met Golfer

EXTRA



THE OFFICIAL PUBLICATION OF THE METROPOLITAN GOLF ASSOCIATION

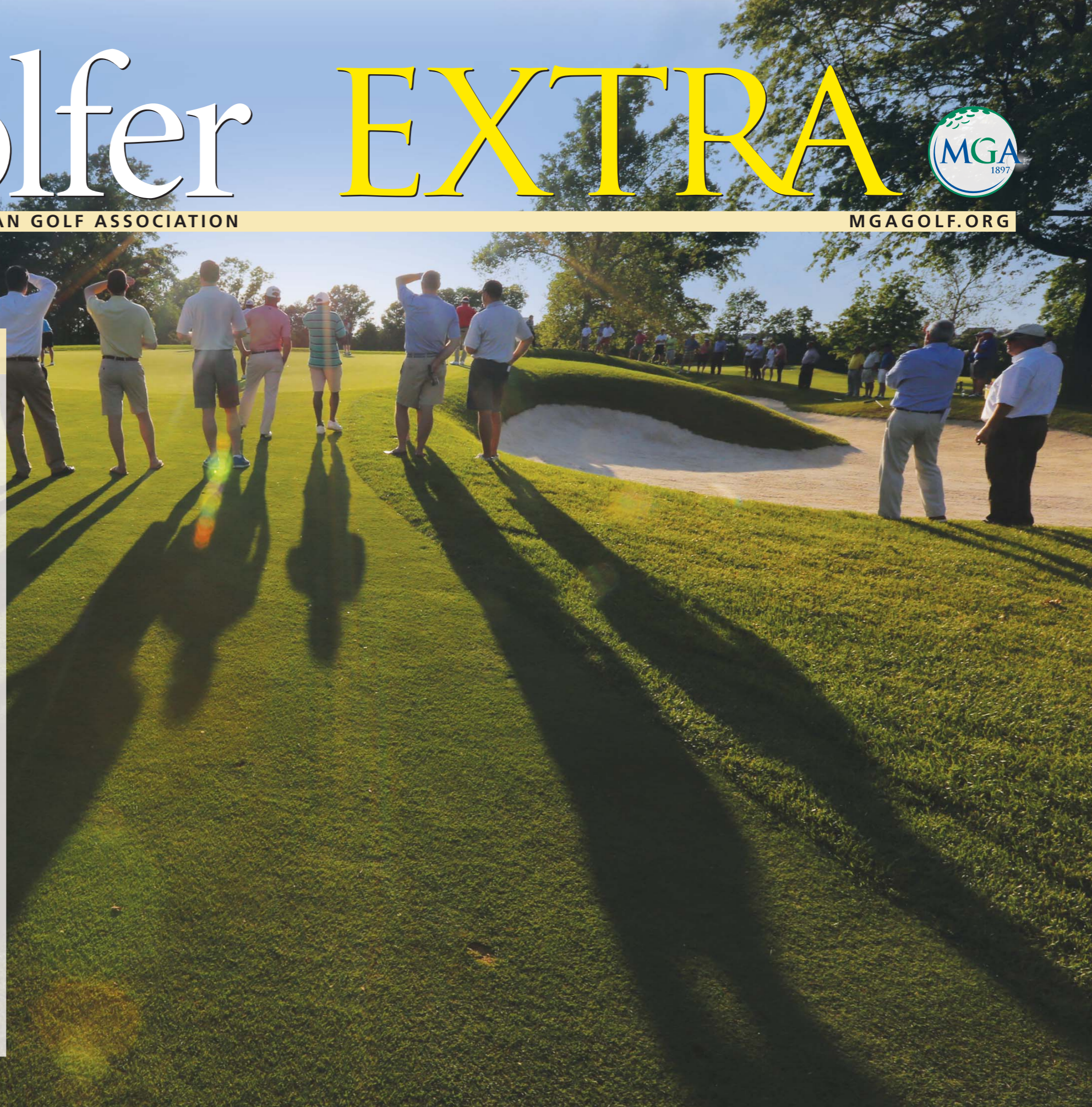
MGAGOLF.ORG

In This Issue

June 2016

- 2 People:** PGA professional Michael Breed's "A New Breed of Golf Night Out" raised funds and awareness for Alzheimer's.
- 4 Major Moments:** Two-time MGA Player of the Year Mike Miller made his major championship debut in the 116th U.S. Open Championship.
- 6 Gear:** The face is the key in these new top-of-the-line irons from Callaway and Titleist.
- 8 Five Things:** Deepdale director of golf Darrell Kestner has fond memories of competing in the 2005 PGA Championship at Baltusrol Golf Club.
- 10 MGA Foundation:** Spectacular food, tasteful drinks, and a charitable cause. All were combined at the First Tee's 3rd Annual Taste of the Tee.
- 12 Instruction:** Karen Young is back with more yoga, now with tips to stay loose during your round!
- 14 Big Picture:** Is there anything better than time on the golf course with dad?
- 16 Travel:** New Orleans is sure to whet your appetite for both food and golf.
- 18 Winning:** A win in the Lexus Perfect Drive to the U.S. Open Sweepstakes gave Greg FitzMaurice a special experience at Oakmont.
- 20 Parting Shot:** Golf fans visiting Manhattan got their own shot at Oakmont's iconic Church Pew bunkers this month.

This page: Stretching shadows were produced on "Golf's Longest Day," as spectators followed a four-man playoff needed to determine alternate positions at the U.S. Open Sectional Qualifying Round on June 6 at Canoe Brook Country Club in Summit, N.J.



The Met Golfer EXTRA

AN OFFICIAL PUBLICATION OF THE
METROPOLITAN GOLF ASSOCIATION

Volume 4, Number 6 • June 2016

Editor: Tim Hartin

Met Golfer Editorial Committee: Gene M. Bernstein, Leslie A. Schupak, Co-Chairmen; C.A. Wimpfheimer, Chairman Emeritus; Donald J. Hendler, Jeanne McCooley, Jay Mottola, Beth Z. Post, Dr. William Quirin, Allan W. Small, Roger Tulcin

Metropolitan Golf Association
49 Knollwood Road, Elmsford, NY 10523 •
914-347-4653 www.mgagolf.org •
mgagolf@mgagolf.org

MGA Executive Committee: Stephen F. Boyd, President; Michael J. Sullivan, Vice President; Tod D. Pike, Treasurer; Andrew G. Stock, Secretary

Committee Members: Gregg M. Angelillo, Joe Bardon, Charles Beach, Robert J. Bluestone, Patrick L. Donnelly, Norman A. Feinstein, Jason Green, Steven J. Green, Phillip M. Halpern, Dennis Lynch, Beth Z. Post, H. Craig Treiber, Ned Zachar, Jordan Ziegler

Past Presidents: Allan W. Small, Gene M. Bernstein, Jeffrey R. Holzschuh

President, LIGA: Michael J. Sullivan

President, NJSGA: Daniel Meehan

President, WGA: Michael McCarthy

President, WMGA: Valerie DePiro

General Counsel: Mario Ponce

MGA Staff: Jay Mottola, Executive Director; Barbara Bradley, Kim Braham, Millie Burt, Louis Cutolo, John DeTemple Jr., Beth Francese, Chris Gaffney, Tim Hartin, Kate Keller, David Klenk, Kevin Kline, Holly Kotiadis, Brian Mahoney, Tim McGovern, Peter Nicholson, Susan O'Dowd, Tom Ott, Jeff Pepe, Dan Potts, Helen Stock, Rose Tomassetti, Maddi Vetrano

Special Consultants: Jeanne McCooley, Gene Westmoreland

Published for the Metropolitan Golf Association by:

Great Golf Resorts of the World, Inc.
2600 Philmont Avenue, Suite 325
Huntingdon Valley, PA 19006
Phone: (215) 914-2071

CEO & Publisher: Richard K. Summers

COO & Art Director: Peter J. Sansone

Executive Vice President: Brian Folino

General Manager, Operations: Patrick Cherry

Production/Pre-Press: Frederick Yantz

Design: Jim Gerhard, Matt Hulnick, Steve Higgins, Marina Kohls

Advertising Production Manager: Julie Yuen

General Manager, Digital Operations: Matt Frey, PGA

Operations: Tom Gauss, Katelyn Leer

Accounting: George Kotlyar, Mary Beth Bidwell, Larisa Kotlyar

Advertising: For information, please contact: Tom Ott at 914-347-4653, ext. 321, or Nick Fischer at 914-347-4653, ext. 345, or Brian Folino at 623-337-5802 (office) or 661-312-6412 (cell)

Executive Director, Travel & Real Estate: Mike Agee

Regional Advertising Managers: Howard Derkay, Scott Miller

ALL FOR AWARENESS



Met Area PGA professional Michael Breed is well known for showing his passion for golf instruction, especially as host of Golf Channel's "The Golf Fix." On June 21 at Westchester Broadway Theatre in Elmsford, N.Y., *A New Breed of Golf Night Out* attendees saw Breed share a different kind of passion, one fighting for a heightened awareness of Alzheimer's disease. Breed's father, William, passed away in 2001 after battling the disease, leading the entire Breed family to get engaged in helping find a cure.

"Of all the things I've done in golf, this night is the most meaningful to me," Breed remarked during an emotional welcome to the event, which benefitted the Cure Alzheimer's Fund. Throughout the evening, Breed accompanied golf tips and instruction with stories about his father, his upbringing, and his career path—many of which were tied to lessons in motivation and appreciation.

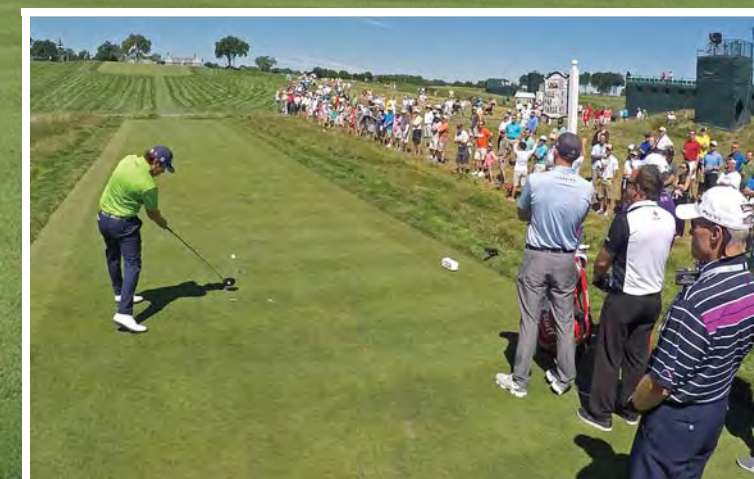
The night also included live entertainment from musician Joe Horowitz, a variety of giveaways, and live auctions for a David Wright signed baseball bat and a special meet-and-greet experience with Jim Nantz at The Barclays, the first event of the PGA TOUR's FedExCup Playoffs this August.

Miller Time

Two-time MGA Player of the Year Mike Miller of Brewster, N.Y., made the first major championship start of his career in the 116th U.S. Open at Oakmont Country Club. The week was full of memorable experiences for the rising professional, from playing multiple practice rounds with Keegan Bradley and Brendan Steele, and teeing it up with eventual runner-up Shane Lowry, to winning a friendly wager from eight-time PGA TOUR winner Brandt Snedeker, and signing autographs for young fans.

Miller experienced one of the most iconic U.S. Open venues, saying, "There is a special feeling walking around the grounds here at Oakmont." You can read his first-hand account of his U.S. Open preparation on mgagolf.org.

PHOTOS: AJ VOELPEL



Miller reported learning how to pace himself throughout the days leading up to the championship stood as one of his most important lessons.

New Irons

MAKE AN ABOUT FACE

BY SCOTT KRAMER

That the latest average irons are longer and more forgiving than many top-of-the-line models from 2013 is an eye-opener. “If you haven’t upgraded in even two-to-three years, you’re leaving a lot of yards on the table,” insists Scott Manwaring, director of design for irons, hybrids and wedges at Callaway. “It’s happened so suddenly, and the changes have been breathtaking.”

Many of those updates have focused on making the clubface more inward-flexible at impact, so that it rebounds forward and catapults the ball at a higher velocity for more distance. To accomplish the feat, manufacturers have taken different approaches: Some have employed slots and undercuts behind the face that master the feat, while others use cup faces to remove material from the inside of the body to generate more ball speed and face flex.

For example, Callaway’s new Apex Black forged irons (\$1,499/set with graphite shafts, \$1,299/steel) feature a 360 Face Cup in each long iron that revs up ball speed across the face. Titleist’s Concept C16 irons (\$2,999/graphite, \$2,699/steel), which will be released in a limited quantity, employ a forged, high-strength steel cup face in the long irons, as well, which also boosts ball velocity.



Major Memories

By Tim Hartin

The 2005 PGA Championship at Baltusrol Golf Club stands as one of Darrell Kestner's most memorable major championship experiences—and there are lots of those for the longtime Deepdale director of golf who has competed in a major in each of the last five decades. Kestner opened the championship with rounds of 72-70 and was one of four club pros to play the weekend.

Here are five things Kestner remembers most about his experience in the 2005 PGA Championship:

- 1 The heat. "It was really beyond hot," described Kestner. The entire week was hot and humid, but Saturday's temperatures reached 100 degrees and the heat index topped out at 105. "There were spectators passing out and everything."
- 2 Getting the inside scoop from Baltusrol Golf Club head professional Doug Steffen. "I went into his office at the beginning of the week, and he took me through hole-by-hole," said Kestner. Steffen provided key advice such as where you couldn't be above the hole and where you could afford to miss shots.
- 3 At 7,392 yards, Baltusrol played as the longest par-70 in PGA Championship history at the time. "I was paired with Greg Owen. He's a very big hitter and was bombing it and hit medium or short irons into the greens," said Kestner. "I had rescues and five woods ... I remember hitting my four rescue into a lot of greens."
- 4 On Sunday, Kestner shared time on the range with eventual champion, Phil Mickelson. "I was going off fairly early on Sunday and Phil was in the last group, but he was there the same time I was warming up. We were kind of fighting over this shade area on the driving range and he said, 'Here Darrell, come on in here and share the shade with me.'"
- 5 "The rough was really deep, really thick," Kestner explained. "There was a premium on driving it straight. I drove it very well that week, that's why I made the cut ... if you hit it in the rough, you couldn't get to the greens."



"Being a local, Met Area guy, it was the thrill of a lifetime to make the cut in a major championship right here in our home area," says Kestner.

TASTE OF THE TEE



First Tee participant Mya Yorke shared her learning experience with the crowd.

The First Tee of Metropolitan New York and The First Tee of Connecticut joined forces on June 15 for the 3rd Annual Taste of the Tee, hosted by Greenwich Country Club in Greenwich, Conn. More than 200 tickets were sold for the event, with supporters raising more than \$100,000 to benefit the programs and services of The First Tee in Fairfield County.

Local chefs from both area restaurants and golf and country clubs presented incredible dishes, and

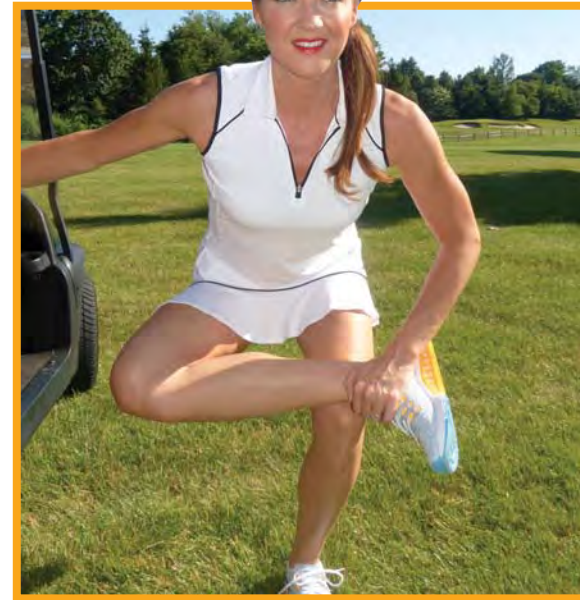
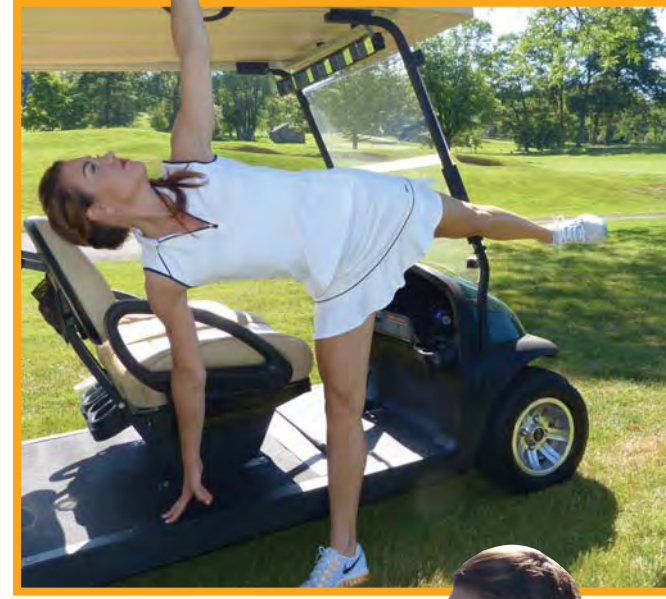
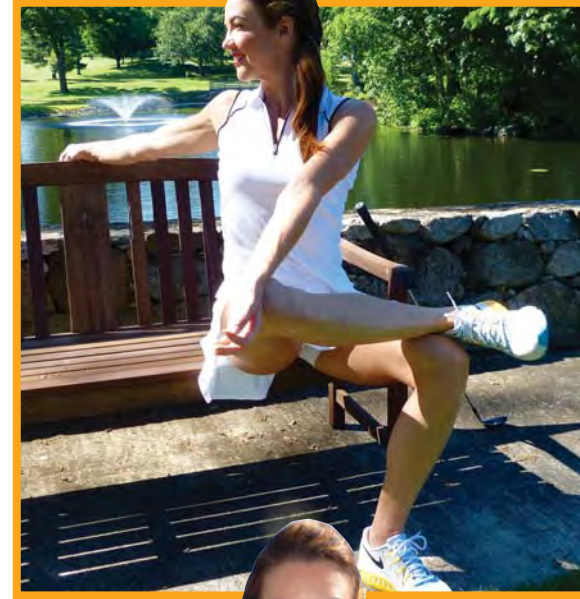
drinks were perfectly paired with the help of beverage companies in attendance. Michael Breed of the Golf Channel acted as Master of Ceremonies for the night's activities which also included a silent auction. Longtime ESPN sportscaster Chris Berman (pictured top, middle) was also on hand, serving as the Honorary Co-Chair, a distinction he shared with Fairfield, Conn., native J.J. Henry who was competing at Oakmont in the U.S. Open Championship at the time.

INSTRUCTION

ON COURSE *Release*

BY KAREN YOUNG Karen Young's Yoga for Golfers and pre-tournament stretch "sessions" take place at country clubs, fitness centers and via private session throughout the Met Area. She was voted Best Yoga Teacher by Westchester Magazine and #1 Adult Workout in Westchester by Westchester Family Magazine.

Your body is more important to your game than your brand of clubs! Practice these moves to keep yourself feeling great and release tight spots during play. Hold each pose for 5 breaths and repeat on other side.



Half moon

Place foot parallel to cart, lean against cart and extend arm upward and leg parallel to ground. If flexibility is limited, place hand on cart handle instead of floor of cart.

Standing twist

With a club resting on your shoulders and feet parallel, twist to one side (*top*). Next, tilt the back edge of the club toward the ground and deepen your twist as you bring the club back parallel to ground (*bottom*).

Seated hip opener and twist

Sitting with a straight back, cross ankle over opposite knee (*top*). Lengthen the spine by pulling your belly in and twist in the direction of the crossed over leg. The hip opener can also be performed standing (*bottom*).

Shoulder and chest stretch

Place hand on roof of cart, standing with your best posture and feet parallel. Draw shoulder blade of extended arm down to release shoulder away from ear (*top*). On an exhale, twist the body away from cart. Keeping hold of cart, gently circle shoulder (*bottom*).

Hip flexor and calf stretch

Place foot on cart and hands on bent leg. Press hips towards cart to open hip flexor and press heel into ground to stretch calf.

PHOTOS: GRAHAM YOUNG, ON LOCATION AT OLD OAKS COUNTRY CLUB

PASSING THE PASSION

When your father is the one who introduced you to the game of golf, a simple afternoon on the course with him can mean the world. We asked for your golf related photos and memories of playing with your dad—and you delivered! Thanks for all of the submissions—you can check them out on our Facebook page.



PHOTO: FRANCES MEDICO

David and Kayla Wels at Westchester Hills in White Plains, N.Y.

"My father taught me the game. Sadly, he passed away a few years ago before he ever got the chance to teach my son and daughter. Teaching my kids golf allows me to spend time with them playing a game that I love and that hopefully they will grow to love as well. It also gives me the opportunity to share a piece of my father with them."

– David Wels of Westchester Hills



George and Mike Worgul at Wilderness CC in Naples, Fla.

"After moving from Ozone Park to Bethpage, golf for pop and I was an everyday aspect of our lives together, whether it was playing, practicing with wiffle balls in our backyard every night, or in discussions we had ... He is my idol and, most of all, my best friend."

– Mike Worgul of Bethpage



Richard and Ralph Nicholas at St. Andrews

"My son Richard and I went to St. Andrews the first week of May for my 60th birthday. We had an unbelievable time from the moment we landed – taking the guided tour, playing the Himalayas putting course, playing the New Course and experiencing the Old Course."

– Ralph Nicholas of Lido



Tim and Tim Finnegan at The Masters

"Be it playing golf with him or caddieing for him on a Saturday morning, we have a special bond that is only strengthened by our love of the game that he taught me."

– Tim Finnegan Jr. of Huntington



James and Matt Corrigan of Nassau Players at the 2015 U.S. Senior Amateur at Hidden Creek GC in Egg Harbor Township, N.J.

"Having James carry Matt's bag was a special moment for our family."

– Nancy Corrigan

LAYOVER *New Orleans*

BY TIM HARTIN

While the quantity of public golf options in the Big Easy may not be as robust as some metropolitan destinations, the quality is outstanding. All three of these featured courses have at one time served as host of the PGA TOUR's Zurich Classic of New Orleans. Each is also easily accessible to downtown, making golf an easy decision when in NOLA.

COURSES:

1 TPC Louisiana – With extensive bunkering and a fair share of water, this Pete Dye design and current home of the Zurich Classic sometimes earns comparisons to its fellow TPC course at Sawgrass. The course is part of the Audubon Golf Trail and stretches over 250 acres of wetlands and among stands of cypress and oak trees.

2 Lakewood Golf Club – Lakewood hosted the Zurich Classic from 1963-88, when greats like Gary Player, Jack Nicklaus and Tom Watson claimed titles. New fairway contouring, tee boxes, and greens as part of a recent renovation have enhanced playability, while an extensive practice facility is also on-site. Unique flame-shaped bunkers on the 18th hole honor New Orleans Firefighters.

3 English Turn Golf & Country Club – Canals encompass much of the course's property, bringing water into play on every hole of this Nicklaus layout, which tested the TOUR's best from 1989-2004 and in 2006. Clever mounding frames fairways, while bunkers often guard notably undulated greens and an open design welcomes a bayou breeze.

Nearby: TPC Louisiana is located southwest of the city in Avondale, but still typically less than 30 minutes from downtown New Orleans. Meanwhile, Lakewood and English Turn are approximately 7 and 10 miles, respectively, from the center of the city. Yet another convenient option is Audubon Park Golf Course, an enjoyable par-62 layout that comes highly recommended by the locals. Have a meeting in the morning, swing into the French Quarter for lunch, then tee it up in the afternoon.

Five sets of tees at TPC Louisiana allow the everyday golfer to confidently play the same course that tests the professionals.

WINNING

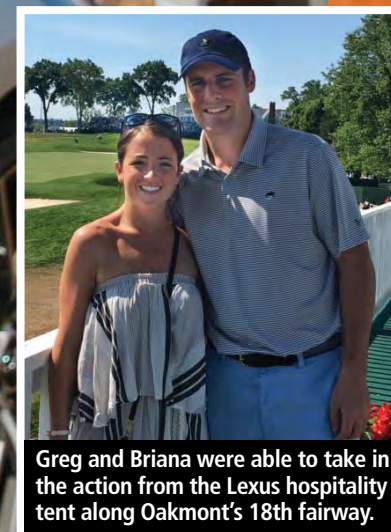
THE PERFECT DRIVE to the U.S. Open



Greg FitzMaurice of Huntington, N.Y., experienced this year's 116th U.S. Open Championship at Oakmont in first-class fashion as the winner of the Lexus Perfect Drive to the U.S. Open Sweepstakes. He and guest Briana Reynolds spent Saturday and Sunday on the grounds of Oakmont following the world's best players and enjoying access to the Lexus hospitality tent.

"The experience was incredible. Lexus provided us with VIP treatment the whole weekend," said FitzMaurice. "It was a great weekend of watching golf." FitzMaurice and Reynolds took advantage of Saturday's full day of golf, arriving at 9 a.m. to catch many golfers' second and third rounds of play, while Sunday's highlight was seeing Dustin Johnson birdie the 72nd hole.

The Lexus Perfect Drive to the U.S. Open Sweepstakes was open to MGA members and gave the lucky winner airfare, a two-night stay, transportation, and Lexus hospitality during the final two rounds of the 2016 U.S. Open at Oakmont.



Greg and Briana were able to take in the action from the Lexus hospitality tent along Oakmont's 18th fairway.

Oakmont Meets the Street

While the next U.S. Open Championship to be played in the Met Area may not come until 2018 (at Shinnecock Hills), a taste of this year's championship was briefly available in Manhattan this month. Fox, promoting its second year of broadcasting the season's second major, created a replica of Oakmont Country Club's third and fourth holes—complete with the iconic Church Pew bunkers.

Located on Sixth Avenue, the Oakmont imitation allowed fans to put their putting skills to the test and the space was also used as a set for some of Fox's television segments; we're just wondering what the mini Oakmont greens ran on the Stimpmeter.



U.S. Open (USGA) @usopengolf · Jun 13
 Oakmont in NYC? Fans can get their #USOpen fix with a replica of Oakmont's third and fourth holes on 6th Ave.

		USGA U.S. OPEN CHAMPIONSHIP USGA																				
HOLE	PAR	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	RD	RD	RD
LEADERS		4	4	3	4	4	4	4	5	3	4	4	4	4	3	4	3	5	1	2	3	4
1	SPETH	3	3	3	3	3	3	3	4	4	4	5	5	5	5	5	6	5	6	6	6	6
2	OOSTHUIZEN	1	E	1	2	2	2	2	2	2	2	1	E	1	2	3	3	4	7	7	6	6
3	JOHNSON	4	4	4	5	5	5	5	6	6	6	6	6	6	6	6	6	6	6	7	7	7
4	SCOTT	3	2	2	2	2	2	2	2	2	1	E	1	1	1	1	1	2	3	7	7	6
5	SMITH	E	1	1	E	E	E	E	1	1	E	1	1	1	1	1	1	3	7	7	6	6
6	GRACE	4	4	4	3	3	3	3	4	4	4	5	5	5	5	5	5	3	3	6	6	7
7	SCHWARTZEL	2	2	3	4	3	3	2	2	2	2	1	E	1	1	1	1	2	7	7	7	6
8	SNEDEKER	1	2	2	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	6	6	6
9	MCLROY	4	3	3	3	3	2	1	E	E	1	2	2	1	1	1	E	1	7	7	7	6
10	LOWRY	1	1	E	E	1	E	1	E	1	E	1	E	1	E	1	E	1	1	7	7	7



USGA
 HOLE 3
 PAR 4