The Golfer EXTRA (SA)

THE OFFICIAL PUBLICATION OF THE METROPOLITAN GOLF ASSOCIATION

MGAGOLF.ORG

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April 2018

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This page: At Fiddler's Elbow Country Club in Bedminster Township, N.J., a spectacular display of tulips are a sure sign of spring. In recent years, the club has planted 15,000 tulips (individually, by hand!) each fall, allowing the display to flourish months later. (Photo: Barry Sloan)



he Metropolitan Golf Writers Association's 67th National Awards Dinner—perhaps the country's grandest celebration of the game of golf—features an all-class lineup of honorees that will be recognized on June 18 at the Westchester Marriott in Tarrytown, N.Y.

Three-time major champion Padraig Harrington headlines the distinguished guests as the recipient of the Gold Tee Award, the MGWA's highest honor. The Irishman is no stranger to the Met Area, having competed for the Golfing Union of Ireland in the inaugural Governor Hugh L. Carey Challenge Cup in 1990 at Metedeconk National and having won The Northern Trust in 2005 at Westchester Country Club. In addition to his stellar playing record that includes more than 20 international victories, Harrington extends his influence off the course through his own charitable foundation and by serving as a Global Ambassador for the Special Olympics.

Reigning PGA Championship winner Justin Thomas and his family will be recognized as Family of the Year while longtime sports reporter Hank Gola will receive the Lincoln Werden Golf Journalism Award. For more information on the MGWA's 67th National Awards Dinner and to purchase tickets, visit the MGWA's website.



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Bald Head Island

When planning a getaway, you shouldn't have to choose between great golf and a family-friendly beach resort. Bald Head Island, NC, offers the best of both worlds — world-class golf and miles of uncrowded beaches. You'll arrive here by passenger ferry and travel the island by golf cart, bicycle or on foot, at an easygoing pace locals call "island time."

At the center of the island's recreational life is the Bald Head Island Club. Along with its top-rated golf course, the Club offers swimming, tennis, croquet and activities for all ages. Vacation rentals on the island range from cozy cottages to spacious homes that can accommodate extended family. Be sure to request temporary membership in the Bald Head Island Club when you book your home rental so you can enjoy access to all of the Club's amenities.

Real estate offerings run the gamut in terms of size, setting and price. Located near the golf course, The Hammocks neighborhood offers fractional home ownership that includes four weeks of vacation time each year, along with Club membership. Just a stone's throw from the ocean, the Southern Living Inspired Community at Cape Fear Station combines a perfect location with charming low country architecture.

Make plans to visit Bald Head Island this summer to



tour the *Southern Living* Idea House, opening for tours in June. Learn more by visiting www.bhirealestate.com. When you're ready to book a tee time, visit www.bhiclub.net or call 910-457-7310.





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"We love to eat good food, drink great wine and play a fabulous golf course, so the CuisinArt Resort was the perfect place for us to relax and unwind! The resort is beautiful...and the staff is wonderful."

> -Michele Greenfield, WMGA, and Member, Glen Oaks Country Club

"This is hands down one of the best culinary events, bringing together some of the most talented chefs from around the world. Having the first night dinner cooked by Master Chef Christophe Muller from the 3 Star Michelin restaurant honoring Paul Bocuse was one for the bucket list. Food all four nights was amazing! The wines from Marchesi Antinori were stunning, well balanced and beautiful. Bravo to Met Golfer, CuisinArt Resort and Antinori Wines for the epic four days in paradise."

> —Chef Scott Pikey, Executive Chef, **Mayacama Country Club**

"Joan and I had a great time on the trip. The food was fantastic and the other participants were great. We made a bunch of new friends on this trip and look forward to joining you for a third trip in the future."

> -Glenn Carlson, PGA Head Professional, **Torrington Country Club**











Testchester Golf Association's 2017 Player of the Year Award winners were recognized on April 24 at the WGA's Spring Meeting. Yale University junior James Nicholas accepted the Player of the Year honor fresh off celebrating an Ivy League Championship title with his Bulldog squad and in between final exams. Nicholas once again maintained a busy training schedule through the winter and aims for another successful summer of competition. Senior Player of the Year Jim Romaniello shared how he didn't become serious with the game until the age of 30 and expressed his gratitude of claiming the award. Junior Player

of the Year Jud Langille could not attend due to a high school match. However, his mother, Gwen, accepted the award on his behalf, saying Jud is motivated to win the title again so he can accept in person.

The event, held at 96th Westchester Open Championship Presented by Callaway host Sunningdale Country Club in Scarsdale, N.Y., also opened with a morning program that featured discussions on current topics relevant to clubs and a Q&A session with representatives for USGA events in the Met Area this summer.

The WGA player of the year awards are named in honor of the late Guido Cribari, a longtime Westchester golf writer, enthusiastic supporter of the game, and charter member of the Westchester Caddie Scholarship Fund.







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Met Area's bright sports spotlight and passionate about the game of golf helped the USGA officially welcome the 118th U.S. Open Championship at Shinnecock Hills to New York on April 11. The event, held at Konnect Golf in New York City, also kicked off the 2018 U.S. Open Trophy Tour, presented by Lexus, and introduced a new Celebration of Champions event.

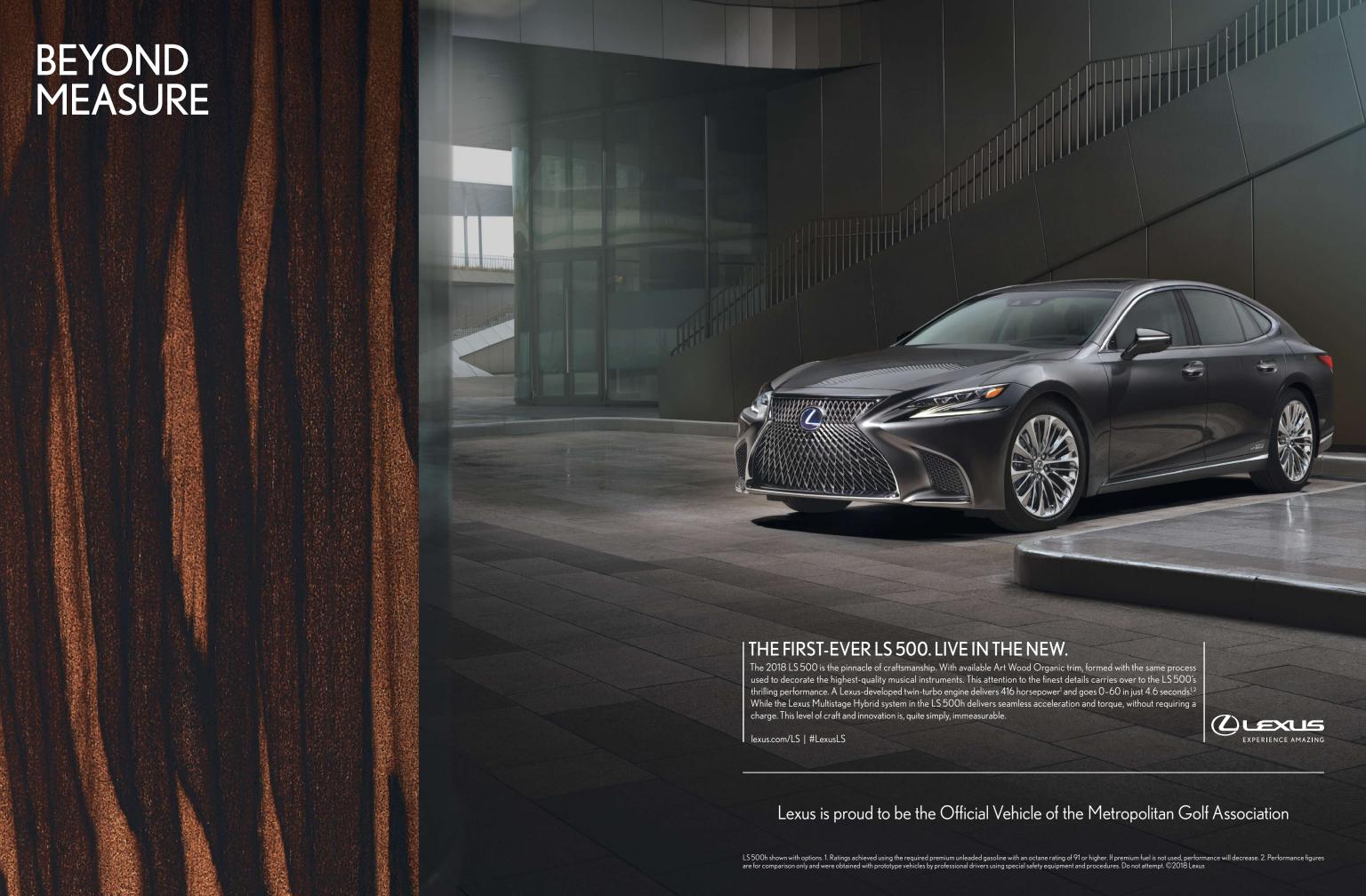
"I'm a Long Islander, so I'm pretty bullish on Long Island golf," said former Jets quarterback Boomer Esiason. "We have so many great golf courses. Anytime you have a tournament of this caliber being played on one of our golf courses, then it's everything—it's fantastic." Former Knicks guard John Starks echoed the pride of having big events in the area, saying, "To be able to have [the U.S. Open] come out here to Shinnecock, it's going to be great for the fans. There's nothing like a New York tournament."

In its fifth year, the Trophy Tour includes stops all across the tri-state area and allows fans to get an upclose look at the historic trophy leading up to the fifth U.S. Open staged at Shinnecock. The MGA will display the trophy May 14 at Bethpage State Park during its annual Day of Golf fundraiser for the MGA Foundation

and May 16 at a U.S. Open local qualifying round at Cherry Valley Club in Garden City, N.Y. A full schedule of stops is available at usopen.com/trophytour.

Meanwhile, the Celebration of Champions, announced by USGA CEO Mike Davis, will pair 2017 USGA champions in two-player mixed teams for a fourhole exhibition in honor of the champions' achievements. It will take place Tuesday, June 12, during the week of the 118th U.S. Open, with Jack Nicklaus serving as the honorary starter and the champions playing holes Nos. 10-13 at famed Shinnecock.

Butch Goring, Clark Gilles, 2017 U.S. Senior Amateur champion Sean Knapp, John Starks, Grant Marshall, Boomer Esiason, Brian Lawton, Mike Davis, and Rod Gilbert surround the historic U.S. Open trophy.



Onthe Right Track

Bill Schmedes is the Director of Instruction at Fiddler's Elbow Country Club in Bedminster, N.J.

A good start to the golf season begins with proper fundamentals. In addition to grip, stance, and posture elements featured in the April/May issue of *The Met Golfer*, it's also important to understand alignment, which has a big influence on the direction that the hands, arms, and club will want to swing on in both the backswing and downswing.

We always read that players should set up like train tracks so the toe line, hip line and shoulders all run parallel to the designated target line (A). That's good for the better player, but what I tend to do with most golfers is slightly tilt alignments based on their typical shot shape, keeping in mind that the golf club always wants to seek its balance on the player's alignments.

For those Slicing:

First, address the ball with the clubface square to the intended target. Next, turn the body slightly inward to close the stance (B). If the body is closed, we know that the club is going to work more inside to begin and then there is an opportunity for it to work inside-out through impact. As a drill, exaggerate the closed stance and make some three-quarter swings back and through to feel how in-to-out the club will want to work.

For those Drawing:

Conversely, if a player already consistently draws the golf ball and wants to do so less, turn the body slightly outward to open the stance (C) after initially addressing the ball with the clubface square to the intended target line. This keeps everything more in front of the player going back and coming down and through, allowing the club to exit more on-plane or left, when a typical drawer is typically under-plane, "stuck" and right.

Alignment Check:

Evaluating your alignment should be done not on just one dimension, but several. To make sure your entire body is in harmony, test to see whether your toe line, hip line (**D**) and shoulders are all relatively parallel to one another.

If you don't like the curvature of the shot you're hitting, your alignment likely needs to be altered in some fashion—once again keeping in mind that the club works on the alignments of your body. Don't be afraid to alter alignments and see how it changes ball flight.









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ecluded by 6 miles of luminous white sand beaches and brought to life with remarkable architecture, Four Seasons Caye Chapel, Belize (www.cayechapel.com) defines luxury island experiences that blend with the panoramic views. Being one of the early participants in the Founders Program, opens the first come first serve opportunity to live on the east or west side of the spectacular beaches. This enables the owner to have a hand in building one of the most distinctive island communities for generations to come.

Four Seasons Caye Chapel private estates will feature 1/3 to 1 acre lots, designed for large, luxury, family estates construction. As the first Island Founders offering, these home sites represent an incredible value. Two hundred and eighty acres of selective amenities balanced with a leading-edge sustainable approach make Four Seasons Caye Chapel, Belize a luxury, private island without peer. Featuring the added bonus of a 5-hour direct flight out of New York to the Caye is just another reason to secure your residence.

Included on the island is an 18-hole championship golf course known as the "White Shark Golf Course." The course stretches from horizon to horizon with its vibrant greens and parallels the shimmering Caribbean Sea.

Enjoy the open water experience at Morter's Beach Club, a Caribbean take on the Mediterranean Bathing Club. Take in the fresh ocean air with a cool drink from the outdoor bar while relaxing at the extensive private pool. And what's an island experience without experiencing the Caye's restaurants, storefronts, and entertainment.

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